Lotus Lantern Dance:

Step 1:

Formation:

Eight “petal partners” stand in circle in “lotus” formation facing each other across the circle.

Dance Steps:

1. Phrase 1: step forward RLR.
2. Phrase 2: step backward LRL.
3. Phrases 3 and 4: “lotus petals” take hands and step 7 steps clockwise LR and bow (beat 8) to same “petal partner”, but at “adjusted“ “petal position”.
4. Song repeats 8 times until “lotus petals” have moved to each “petal position” and arrive at original “petal position” facing original “petal partner” across circle.

Step 2:

Formation:

Two groups of 8 “petal partners” face each other in concentric circles.

Outer Circle

Inner Circle

Dance Steps:

1. Phrase 1: step forward RLR.
2. Phrase 2: step backward LRL.
3. Outer circle “lotus petals” take hands and step 7 steps clockwise LR, inner circle “lotus petals” step 7 steps counterclockwise LR. “Petal partners” arrive at “adjusted” “petal position” to a new “petal partner” across the circle.
4. Song repeats 8 times until “lotus petals” have moved to each “petal position” and arrive at original “petal position” facing original “petal partner”.

Dance Procedure:

1. Teacher demonstrates the dance steps phrases by phrase
2. Students imitate the dance steps as teacher guides them verbally and counts
3. 4-beat phrases on the woodblock.
4. Students rehearse the entire dance with teacher guiding them verbally and counting 4 and 8)last phrase) beat phrases on the woodblock.
5. Students rehearse the entire dance with the CD model.